

ChildSupport.  
It's more than just money.

2016



# a parent...

...has so many roles, all vital to raising healthy, well-adjusted children in a loving and strong family – whatever that family structure is. For young parents, this can be especially challenging. The New Jersey Department of Human Services' Division of Family Development is committed to helping parents understand and fulfill their roles and provide a secure and stable environment for their children.

These parental roles also allow children to establish and develop their own roles within the family and to play a part in the family's success.

In publishing this calendar and sponsoring the annual Teen Media Contest, we encourage middle and high school students to really think about the commitment it takes to be a good parent. We hope that the calendar will help parents and children start a conversation that will bring them closer together.

The artwork featured in this calendar was submitted by middle and high school students to “illustrate the way in which families are greater than the sum of their parts.” This theme encourages students to show how families can make an impact on their neighborhood, their community and their world, regardless of the family structure. Each calendar month also highlights one of the many important roles parents play in the lives of their children. Our goal is to help parents – and children – strive to create healthy, strong and long-lasting family bonds.

Congratulations to all the winners of this year's contest and to all the parents who are doing their best to support their children. For more information on the New Jersey Child Support Program, call **1-877-NJKiDS1** or visit [njchildsupport.org](http://njchildsupport.org).

Natasha Johnson  
Director, New Jersey Division of Family Development

**ChildSupport.**  
It's more than just money.



## winners

### HIGH SCHOOL

- 1<sup>st</sup> place: Priyanka Malholtra  
Piscataway Township HS
- 2<sup>nd</sup> place: Samra Shakeel  
Union County Vocational-Technical HS
- 3<sup>rd</sup> place: Anthony Troiano  
Union County Vocational-Technical HS

### MIDDLE SCHOOL

- 1<sup>st</sup> place: Sharina Kuo  
Carusi Middle School
- 2<sup>nd</sup> place: Elizabeth Kamara  
Academy 1 Middle School
- 3<sup>rd</sup> place: Rashel Caraballo  
Academy 1 Middle School



1<sup>ST</sup> PLACE  
MIDDLE SCHOOL  
**Sharina Kuo**

01

# january

**12**

1 2 3 4 5  
6 7 8 9 10 11 12  
13 14 15 16 17 18 19  
20 21 22 23 24 25 26  
27 28 29 30 31

**02**

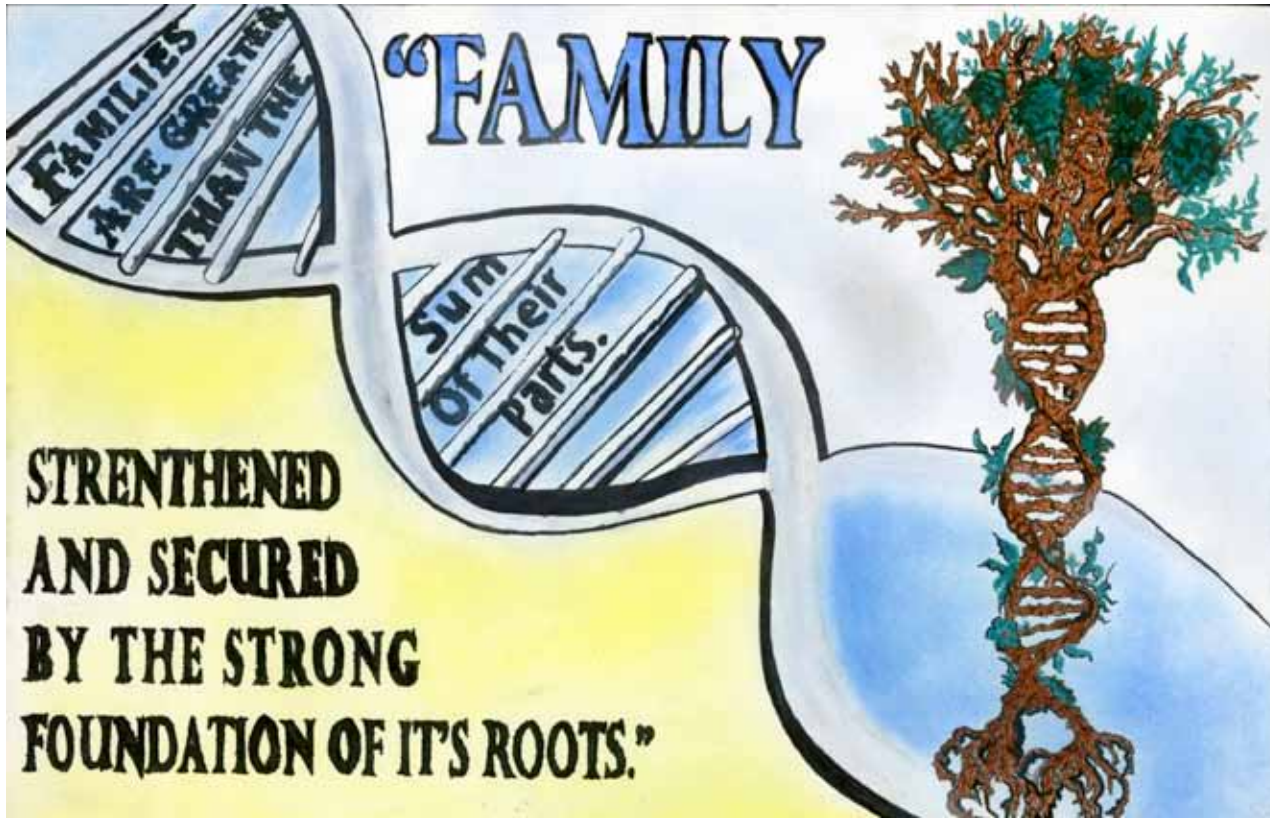
1 2 3 4 5 6  
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28 29

**PROVIDER**

Food, shelter, clothing – life's basic necessities. Parents provide the physical and financial support to safeguard the health and well-being of their children. Your "provider" role doesn't end there – your time, your emotional and your moral support are equally important to raising healthy, well-adjusted children.

| sun      | mon                          | tues | wed | thurs | fri                 | sat |
|----------|------------------------------|------|-----|-------|---------------------|-----|
|          |                              |      |     |       | 1<br>New Year's Day | 2   |
| 3        | 4                            | 5    | 6   | 7     | 8                   | 9   |
| 10       | 11                           | 12   | 13  | 14    | 15                  | 16  |
| 17       | 18<br>Martin Luther King Day | 19   | 20  | 21    | 22                  | 23  |
| 24<br>31 | 25                           | 26   | 27  | 28    | 29                  | 30  |

# 02



# february

| sun                   | mon                         | tues               | wed                 | thurs | fri                      | sat |
|-----------------------|-----------------------------|--------------------|---------------------|-------|--------------------------|-----|
|                       | 1                           | 2<br>Groundhog Day | 3                   | 4     | 5                        | 6   |
| 7                     | 8                           | 9                  | 10<br>Ash Wednesday | 11    | 12<br>Lincoln's Birthday | 13  |
| 14<br>Valentine's Day | 15<br>Presidents' Day       | 16                 | 17                  | 18    | 19                       | 20  |
| 21                    | 22<br>Washington's Birthday | 23                 | 24                  | 25    | 26                       | 27  |
| 28                    | 29                          |                    |                     |       |                          |     |

**01**

|    |    |    |    |    |    |    |
|----|----|----|----|----|----|----|
|    |    |    |    |    | 1  | 2  |
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| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |

**03**

|    |    |    |    |    |    |    |   |   |   |
|----|----|----|----|----|----|----|---|---|---|
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| 6  | 7  | 8  | 9  | 10 | 11 | 12 |   |   |   |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |   |   |   |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |   |   |   |
| 27 | 28 | 29 | 30 | 31 |    |    |   |   |   |

## TEACHER

You are your child's first teacher: walking, talking, A-B-Cs, brushing his teeth...Remember, you're also the first one teaching him to care, share, think, solve problems, and play nice with others. He's watching and learning from you.

# 03

2<sup>ND</sup> PLACE  
HIGH SCHOOL  
Samra Shakeel





# march

**02**

1 2 3 4 5 6  
7 8 9 10 11 12 13  
14 15 16 17 18 19 20  
21 22 23 24 25 26 27  
28 29

**04**

1 2  
3 4 5 6 7 8 9  
10 11 12 13 14 15 16  
17 18 19 20 21 22 23  
24 25 26 27 28 29 30

**PLAYMATE**

Play is important. It allows children to develop creativity, imagination, and physical and social skills. It teaches them how to share, cooperate and get along with others. Set aside some unstructured play time with your child, even if it means you have to schedule it.

| sun                                      | mon | tues | wed | thurs                   | fri               | sat |
|--|-----|------|-----|-------------------------|-------------------|-----|
|  |     | 1    | 2   | 3                       | 4                 | 5   |
| 6  | 7   | 8    | 9   | 10                      | 11                | 12  |
| 13<br>Daylight Savings<br>Time Begins    | 14  | 15   | 16  | 17<br>St. Patrick's Day | 18                | 19  |
| 20<br>First Day of Spring<br>Palm Sunday | 21  | 22   | 23  | 24                      | 25<br>Good Friday | 26  |
| 27<br>Easter                             | 28  | 29   | 30  | 31                      |                   |     |

# 04



# april

| sun | mon | tues | wed | thurs | fri                                | sat |
|-----|-----|------|-----|-------|------------------------------------|-----|
|     |     |      |     |       | 1<br>April Fool's Day              | 2   |
| 3   | 4   | 5    | 6   | 7     | 8                                  | 9   |
| 10  | 11  | 12   | 13  | 14    | 15                                 | 16  |
| 17  | 18  | 19   | 20  | 21    | 22<br>Passover Begins<br>Earth Day | 23  |
| 24  | 25  | 26   | 27  | 28    | 29                                 | 30  |

## 03

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20 21 22 23 24 25 26  
27 28 29 30 31

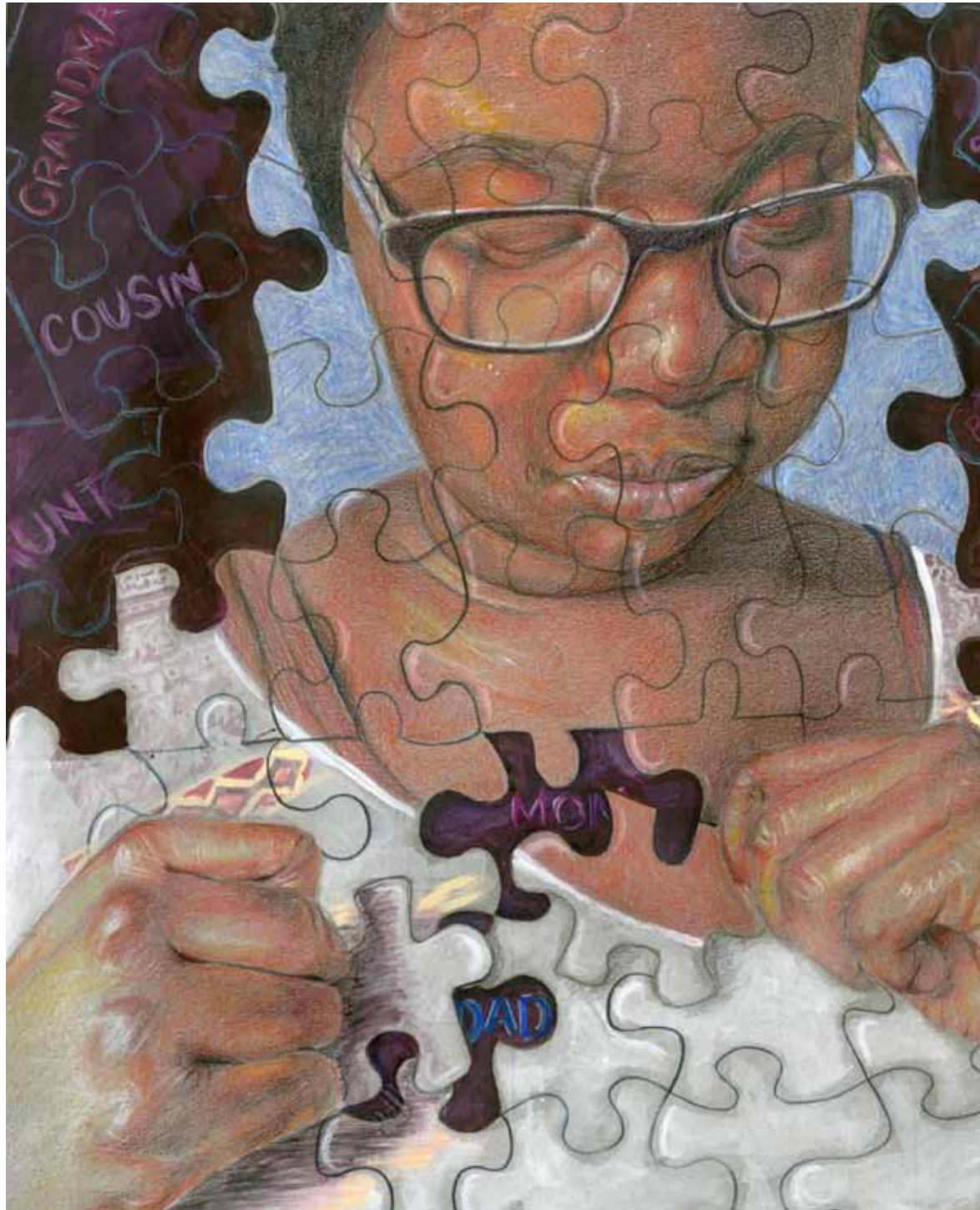
## 05

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8 9 10 11 12 13 14  
15 16 17 18 19 20 21  
22 23 24 25 26 27 28  
29 30 31

## LISTENER

Listening helps you learn what's going on in your child's life, and in your child's head. It shows respect and shows you are interested in what he or she has to say. It is the foundation of a strong and trusting relationship. Pause, even if it's just for a few seconds, to give your child your full attention.

# 05



1<sup>ST</sup> PLACE  
HIGH SCHOOL  
**Priyanka Malhotra**

# may

**04**

1 2  
3 4 5 6 7 8 9  
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17 18 19 20 21 22 23  
24 25 26 27 28 29 30

**06**

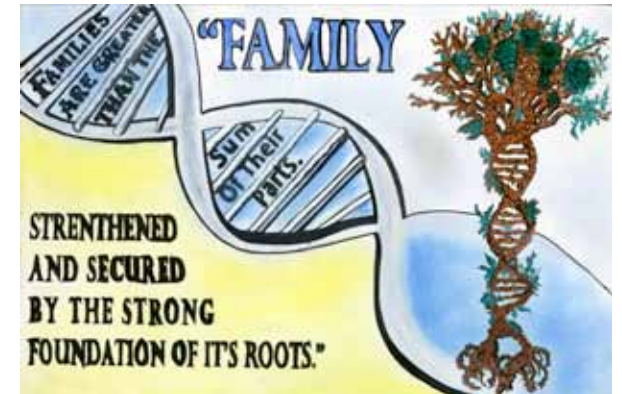
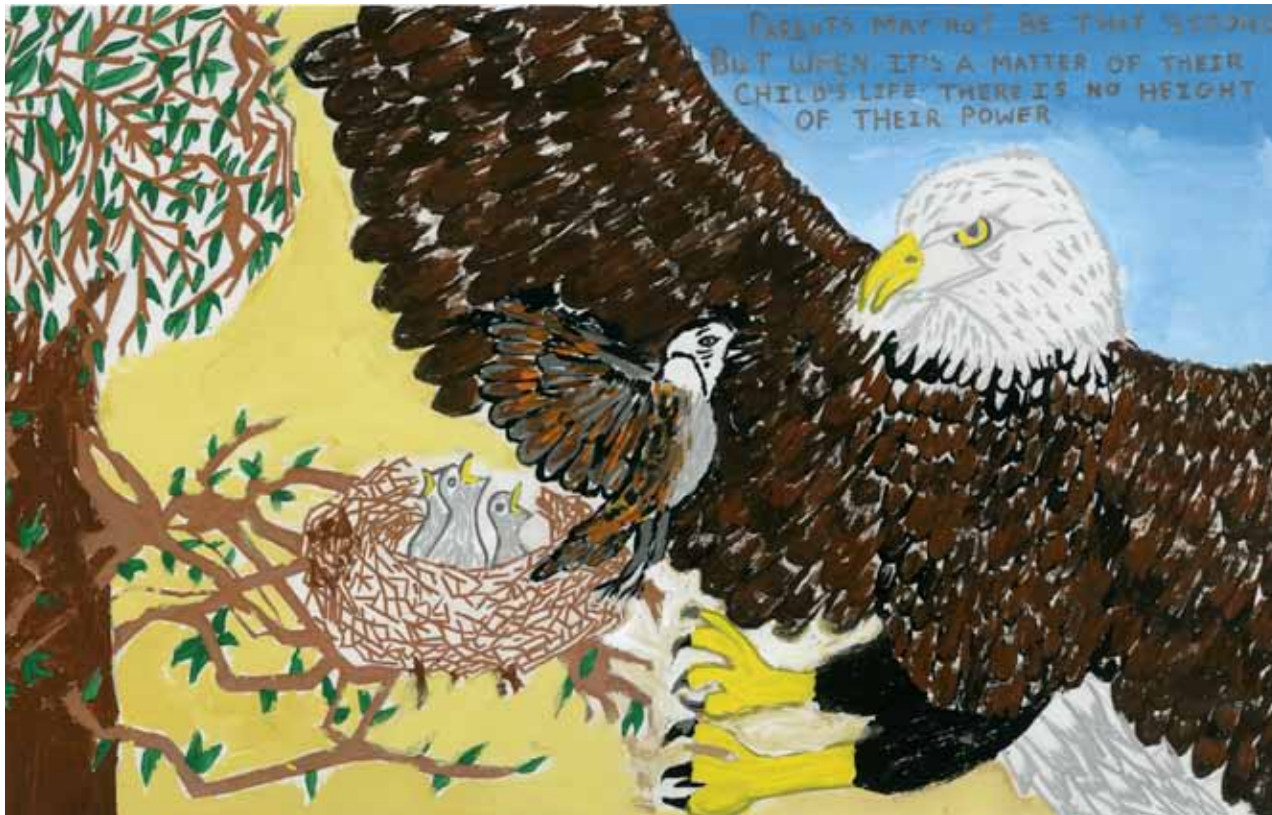
1 2 3 4  
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12 13 14 15 16 17 18  
19 20 21 22 23 24 25  
26 27 28 29 30

**DISCIPLINARIAN**

Discipline is essential for everyone – especially children. Discipline helps children learn self-control, choose acceptable behavior, and develop skills to face challenges and relate to others. Set limits and establish rules, but make sure your children understand what's expected of them. And, be fair and consistent.

| sun               | mon                | tues | wed | thurs              | fri | sat |
|-------------------|--------------------|------|-----|--------------------|-----|-----|
| 1                 | 2                  | 3    | 4   | 5<br>Cinco de Mayo | 6   | 7   |
| 8<br>Mother's Day | 9                  | 10   | 11  | 12                 | 13  | 14  |
| 15                | 16                 | 17   | 18  | 19                 | 20  | 21  |
| 22                | 23                 | 24   | 25  | 26                 | 27  | 28  |
| 29                | 30<br>Memorial Day | 31   |     |                    |     |     |

# 06



# june

| sun                | mon                       | tues           | wed | thurs | fri | sat |
|--------------------|---------------------------|----------------|-----|-------|-----|-----|
|                    |                           |                | 1   | 2     | 3   | 4   |
| 5                  | 6<br>Ramadan Begins       | 7              | 8   | 9     | 10  | 11  |
| 12                 | 13                        | 14<br>Flag Day | 15  | 16    | 17  | 18  |
| 19<br>Father's Day | 20<br>First Day of Summer | 21             | 22  | 23    | 24  | 25  |
| 26                 | 27                        | 28             | 29  | 30    |     |     |

## 05

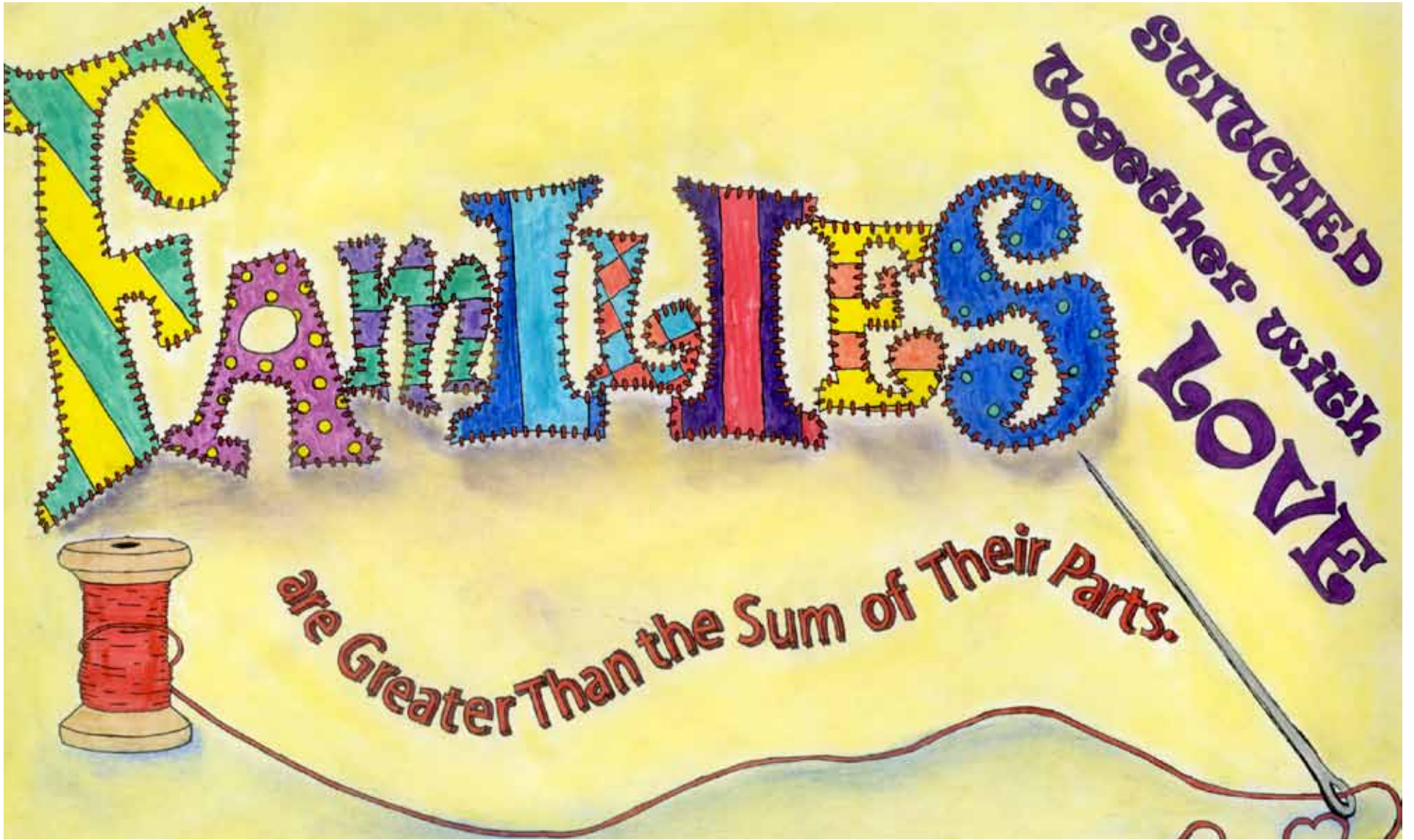
1 2 3 4 5 6 7  
8 9 10 11 12 13 14  
15 16 17 18 19 20 21  
22 23 24 25 26 27 28  
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## 07

1 2  
3 4 5 6 7 8 9  
10 11 12 13 14 15 16  
17 18 19 20 21 22 23  
24 25 26 27 28 29 30  
31

## ROLE MODEL

Children learn how to act by first watching and imitating their parents. They're watching what you say and how you treat others. They see how you behave and how you react to different situations. You are the role model for the qualities you want to instill in your kids: respect, kindness and honesty.



07

3<sup>RD</sup> PLACE  
HIGH SCHOOL  
**Anthony Troiano**





# july

06

1 2 3 4  
5 6 7 8 9 10 11  
12 13 14 15 16 17 18  
19 20 21 22 23 24 25  
26 27 28 29 30

08

1 2 3 4 5 6  
7 8 9 10 11 12 13  
14 15 16 17 18 19 20  
21 22 23 24 25 26 27  
28 29 30 31

## CHEERLEADER

A healthy self-esteem helps children develop confidence and feel good about themselves and their abilities. Be a cheerleader for your child – provide encouragement and praise for both the big and little things. And, applaud the effort, not just the result.

| sun      | mon                   | tues | wed | thurs | fri | sat |
|----------|-----------------------|------|-----|-------|-----|-----|
|          |                       |      |     |       | 1   | 2   |
| 3        | 4<br>Independence Day | 5    | 6   | 7     | 8   | 9   |
| 10       | 11                    | 12   | 13  | 14    | 15  | 16  |
| 17       | 18                    | 19   | 20  | 21    | 22  | 23  |
| 24<br>31 | 25                    | 26   | 27  | 28    | 29  | 30  |

# 08



# august

| sun            | mon | tues | wed | thurs | fri | sat |
|----------------|-----|------|-----|-------|-----|-----|
|                | 1   | 2    | 3   | 4     | 5   | 6   |
| 7              | 8   | 9    | 10  | 11    | 12  | 13  |
| Friendship Day |     |      |     |       |     |     |
| 14             | 15  | 16   | 17  | 18    | 19  | 20  |
| 21             | 22  | 23   | 24  | 25    | 26  | 27  |
| 28             | 29  | 30   | 31  |       |     |     |

**07**

|    |    |    |    |    |    |    |
|----|----|----|----|----|----|----|
|    |    |    |    |    | 1  | 2  |
| 3  | 4  | 5  | 6  | 7  | 8  | 9  |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
|    |    |    |    |    |    | 31 |

**09**

|    |    |    |    |    |    |    |   |
|----|----|----|----|----|----|----|---|
|    |    |    |    |    | 1  | 2  | 3 |
| 4  | 5  | 6  | 7  | 8  | 9  | 10 |   |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |   |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |   |
| 25 | 26 | 27 | 28 | 29 | 30 |    |   |

## BUDDY

Show your children that you were a kid once. Be there when they need to relax and have fun. Play silly games. Watch a movie. Go for a bike ride. Tell jokes. Do a puzzle. Just enjoy each other's company!

09

2<sup>ND</sup> PLACE  
MIDDLE SCHOOL  
**Elizabeth Kamara**



# september

08

1 2 3 4 5 6  
7 8 9 10 11 12 13  
14 15 16 17 18 19 20  
21 22 23 24 25 26 27  
28 29 30 31

10

1  
2 3 4 5 6 7 8  
9 10 11 12 13 14 15  
16 17 18 19 20 21 22  
23 24 25 26 27 28 29  
30 31

## PROTECTOR

Children need a safe environment, and they need to feel secure.

You “childproof” your home to keep your toddlers safe. As they grow, you want to protect them outside the home, too. Encourage them to make good decisions. Talk to them about it and know where they are, who their friends are, and what they are doing online.

| sun                    | mon            | tues | wed | thurs                     | fri | sat |
|------------------------|----------------|------|-----|---------------------------|-----|-----|
|                        |                |      |     | 1                         | 2   | 3   |
| 4                      | 5<br>Labor Day | 6    | 7   | 8                         | 9   | 10  |
| 11<br>Grandparents Day | 12             | 13   | 14  | 15                        | 16  | 17  |
| 18                     | 19             | 20   | 21  | 22<br>First Day of Autumn | 23  | 24  |
| 25                     | 26             | 27   | 28  | 29                        | 30  |     |

# Family

like branches on a tree,  
we all grow in different  
directions, yet our roots remain as one



# 10



# october

| sun                       | mon                   | tues                    | wed | thurs | fri | sat |
|---------------------------|-----------------------|-------------------------|-----|-------|-----|-----|
|                           |                       |                         |     |       |     | 1   |
| 2<br>Rosh Hashanah Begins | 3                     | 4                       | 5   | 6     | 7   | 8   |
| 9                         | 10<br>Columbus Day    | 11<br>Yom Kippur Begins | 12  | 13    | 14  | 15  |
| 16                        | 17                    | 18                      | 19  | 20    | 21  | 22  |
| 23<br>30                  | 24<br>Halloween<br>31 | 25                      | 26  | 27    | 28  | 29  |

**09**

|    |    |    |    |    |    |
|----|----|----|----|----|----|
|    |    |    | 1  | 2  | 3  |
| 4  | 5  | 6  | 7  | 8  | 9  |
| 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 |    |    |    |

**11**

|    |    |    |    |    |    |    |   |
|----|----|----|----|----|----|----|---|
|    |    |    | 1  | 2  | 3  | 4  | 5 |
| 6  | 7  | 8  | 9  | 10 | 11 | 12 |   |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |   |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |   |
| 27 | 28 | 29 | 30 |    |    |    |   |

## SCHEDULER

Children tend to think “in the moment” and in the short-term. Parents see the big picture of family life and can show a child how to organize, to schedule and to establish routines. Setting priorities, learning to balance work and play, and managing time are all life skills that parents share by example — every day.



11

3<sup>RD</sup> PLACE  
MIDDLE SCHOOL  
Rashel Caraballo



# november

**10**

1  
2 3 4 5 6 7 8  
9 10 11 12 13 14 15  
16 17 18 19 20 21 22  
23 24 25 26 27 28 29  
30 31

**12**

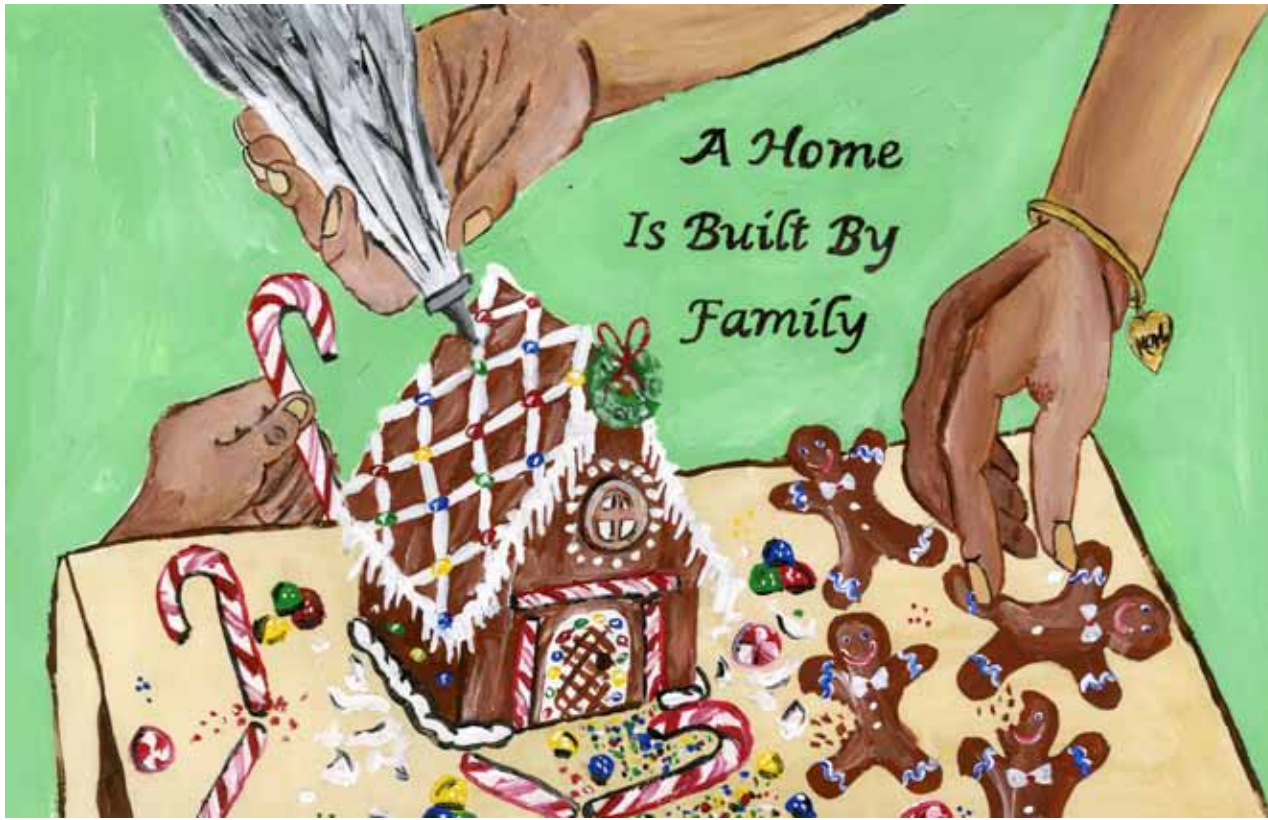
1 2 3  
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11 12 13 14 15 16 17  
18 19 20 21 22 23 24  
25 26 27 28 29 30 31

**MENTOR**

Urge your child to try different things, then support those efforts. Share different perspectives and help talk them through challenges. Allow and encourage your child to make decisions and to explore new interests.

| sun                           | mon | tues         | wed | thurs        | fri          | sat |
|-------------------------------|-----|--------------|-----|--------------|--------------|-----|
|                               |     | 1            | 2   | 3            | 4            | 5   |
| 6                             | 7   | 8            | 9   | 10           | 11           | 12  |
| Daylight Savings<br>Time Ends |     | Election Day |     |              | Veterans Day |     |
| 13                            | 14  | 15           | 16  | 17           | 18           | 19  |
| 20                            | 21  | 22           | 23  | 24           | 25           | 26  |
|                               |     |              |     | Thanksgiving |              |     |
| 27                            | 28  | 29           | 30  |              |              |     |

# 12



# december

| sun             | mon                  | tues | wed                       | thurs | fri | sat                   |
|-----------------|----------------------|------|---------------------------|-------|-----|-----------------------|
|                 |                      |      |                           | 1     | 2   | 3                     |
| 4               | 5                    | 6    | 7                         | 8     | 9   | 10                    |
| 11              | 12                   | 13   | 14                        | 15    | 16  | 17                    |
| 18              | 19                   | 20   | 21<br>First Day of Winter | 22    | 23  | 24<br>Chanukah Begins |
| 25<br>Christmas | 26<br>Kwanzaa Begins | 27   | 28                        | 29    | 30  | 31<br>New Year's Eve  |

**11**

|    |    |    |    |    |    |    |
|----|----|----|----|----|----|----|
|    |    | 1  | 2  | 3  | 4  | 5  |
| 6  | 7  | 8  | 9  | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 |    |    |    |

**01**

|    |    |    |    |    |    |    |
|----|----|----|----|----|----|----|
| 1  | 2  | 3  | 4  | 5  | 6  | 7  |
| 8  | 9  | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | 31 |    |    |    |    |

**HERO**  
Your child looks up to you. Show him someone who is kind and compassionate, dependable, committed to family, and connected to the community.

Buddy.  
Teacher.  
Playmate.  
**Dad.**

**ChildSupport.**  
It's more than just money.

1.877.NJKids1 njchildsupport.org

Amigo.  
Compañero de juego.  
Héroe.  
**Papá.**

**Pensión Infantil.**  
No se trata sólo de dinero.

1.877.NJKids1 njchildsupport.org

Protector.  
Teacher.  
Hero.  
**Dad.**

**ChildSupport.**  
It's more than just money.

njchildsupport.org

In addition to creating this calendar, the New Jersey Department of Human Services' Office of Child Support Services sponsors an ongoing advertising campaign to increase awareness of the importance of child support. Through digital and traditional media, we reach out to mothers and fathers across New Jersey with the message that "child support is more than just money." It's also time – and teaching, protecting, playing, mentoring – being there to care, share, celebrate and support. Call **1-877-NJKiDS1** or visit **www.njchildsupport.org**.

Fixer.  
Buddy.  
Mentor.  
**Mom.**

**ChildSupport.**  
It's more than just money.

1.877.NJKids1 njchildsupport.org

**ChildSupport.**  
It's more than just money.