

NJ DEPARTMENT OF HUMAN SERVICES Division of Family Development

In addition to creating this calendar, the New Jersey Department of Human Services, Office of Child Support Services, sponsors an ongoing advertising campaign to increase awareness of the importance of child support. We reach out to parents everywhere with the powerful message: child support is more than just money. By reminding parents of the role their own parents had in their lives, we encourage mothers and fathers to "be there" in every way – tying shoes, riding bikes, blowing bubbles, and supporting their child in every possible way.







### ChildSupport. It's more than just money. NJ DEPARTMENT OF HUMAN SERVICES

2012 Calendar



### ChildSupport. It's more than just money.

**NJ DEPARTMENT OF HUMAN SERVICES** 



Raising a child is the most wonderful, most overwhelming experience in the world. The New Jersey Department of Human Services is committed to helping parents, especially young mothers and fathers, meet the vast challenges of parenthood.



By publishing this calendar each year and sponsoring the annual Teen Media Contest, we focus on the importance of good parenting. Now in its 16th year, the contest asks middle and high school students to reflect, through their artwork, on the many ways their parents have supported them. Our aim is to have young people and young parents understand that financial support is not enough. Children need their parents to be actively present in their lives—teaching, sharing, laughing, playing and supporting them in every way.



The calendar also presents, month by month, specific activities and suggestions young parents can use to help their child succeed in school.

Congratulations to all the winners of this year's contest, and to all the parents who are doing their best to support their children. For more information on the New Jersey Child Support Program, call 1-877-NJKIDS1 or visit njchildsupport.org.

### **NEW JERSEY DEPARTMENT OF HUMAN SERVICES**

**Division of Family Development** Jennifer Velez, Commissioner

# HAT YOU TEACH THEM



"I believe the Teen Media Arts Contest is valuable because it emphasizes the importance of strong family structure. Parents play a crucial and vital role in the development of their children. This, in turn, means families who have positive interaction have a major effect on all future generations within our society."



Josne (



**NOTES** 



### Wednesday Sunday Thursday Friday Monday Tuesday Saturday 2 3 5 6 4 New Year's Day 8 9 70 $\rceil$ $\rceil$ 12 13 74 16 17 18 21 15 19 20 Martin Luther King, Jr. Day 28 23 25 26 24 27 29 31 30

### DECEMBER 2011 FEBRUARY 2012 SUN MON TUE WED THU FRI SAT SUN MON TUE WED THU FRI SAT 1 2 3 1 2 3 4 $4 \quad 5 \quad 6 \quad 7 \quad 8 \quad 9 \quad 10 \qquad \quad 5 \quad 6 \quad 7 \quad 8 \quad 9 \quad 10 \quad \ 11$ 11 12 13 14 15 16 17 12 13 14 15 16 17 18 18 19 20 21 22 23 24 19 20 21 22 23 24 25 25 26 27 28 29 30 31 26 27 28 29

Twelve Ways to Support Education

### Helping Your Child Master Math.

It is almost impossible to live an independent life without basic math skills. Math teaches logic and order.

It teaches kids how to think. Take advantage of the endless opportunities your daily life provides for helping your child

- Have a yard sale and let make change.
- On game night, appoint your child the scorekeeper.
- Teach fractions by dividing up an uncut pizza or apple pie.
- With younger children, play a I spy a circle, I spy a triangle, I spy a square.

### **Brooke** Healy

Schuyler-Colfax Middle School



### ebruary 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			7	2	3	4
				Groundhog Day		
5	6	7	8	9	10	]]
12	13	Valentine's Day	15	16	17	18
19	Presidents' Day	21	Ash Wednesday Washington's Birthday	23	24	25
26	27	28	29			

### NOTES

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Twelve Ways to Support Education

### Helping Your Child Appreciate History.

The study of history provides children with an inquiring mind, a sense of their place in the world, and the chance to learn from others' mistakes. Here are some ways you can help your child appreciate history and see that it is much more than boring dates and facts.

- Give your child a tape recorder to interview family members and discover his own history.
- Reenact an historical event with your child so she can feel the excitement.
   Pretend that you are walking on the moon.
- If your child loves cars, help him learn about the history of motor vehicles.
- Have your child create her own time capsule for the future.

NOTES



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				7	2	3
4	5	6	7	8	9	10
Daylight Savings Time Begins	12	13	14	15	16	St. Patrick's Day
18	19	20 First Day of Spring	21	22	23	24
25	26	27	28	29	30	31

Twelve Ways to Support Education

### Helping Your Child Embrace Music.

Research suggests that children who play an instrument do better in school than children who do not. Music teaches discipline, relieves stress and can be a life-long source of enjoyment. Be sure to encourage your child's musical education.

- Incorporate music into your everyday family life.
- Share your musical likes with your child, and be open to his.
- Let your child decide if she wants to learn an instrument, and if so, which one.
- Make sure practice time never becomes a punishment. Music should be enjoyed!





### **April** 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7	2	3	4	5	6	7
Palm Sunday April Fool's Day					Passover Begins	
8	9	10	77	12	13	74
Easter Sunday						
15	16	17	18	19	20	21
22 Earth Day	23	24	25	26	27	28
29	30					

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Twelve Ways to Support Education

### Helping Your Child Understand Science.

Science is more than facts and theories. It's a way of thinking that encourages observation, experimentation and analysis. You can help your child understand the basic concepts of science by simply encouraging her curiosity. Ask your child:

- Why does your ice cream cone drip?
- Why do some things float, and some things sink, in the bathtub?
- When you put on a sweater, why does your hair stand up?
- Why does the snow sometimes seem to be going sideways? If neither of you knows the answers, look them up together!

## Kaitlyn Ferraro











### May 2012

NOTES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		7	2	3	4	5
6	7	8	9	10	77	12
73 Mother's Day	74	15	16	17	18	19
20	21	22	23	24	25	26
27	28 Memorial Day	29	30	31		

	APRIL 2012								JUN	E 2	012		
SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7						1	2
8	9	10	11	12	13	14	3	4	5	6	7	8	9
15	16	17	18	19	20	21	10	11	12	13	14	15	16
22	23	24	25	26	27	28	17	18	19	20	21	22	23
29	30						24	25	26	27	28	29	30

Twelve Ways to Support Education

### Helping Your Child Enjoy Reading.

The ability to read well is central to your child's future success, in school and in life. When children become better readers, they find it easier to succeed at everything. Take the time to encourage your child, and to create a home that includes reading as an activity.

- Make sure every member of the family has a library card, and go often.
- Have a special time when the TV is turned off and all family members read quietly on their own together.
- Reward your child for reading. Take her to see the movie version of the book after she has read it.
- In the car, play games involving street signs or billboards.

# Tayllor Cunningham

**June** 2012





### Sunday Friday Saturday Monday Tuesday Wednesday Thursday 3 4 5 8 9 6 ] ] 10 12 13 74 15 16 Flag Day 18 23 17 19 20 First Day of Summer Father's Day 25 28 29 30 24 26 27

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SUN :

6

13
20

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Twelve Ways to Support Education

### Helping Your Child Speak a Second Language.

Children who learn a second language, including English, benefit in many ways—from discovering a new cultural world to gaining a distinctive edge when entering the workforce. Here are some ways you can foster your child's new language.

- Label items throughout your home with the equivalent terms in the new language.
- Suggest your child make flash cards and help her practice.
- Find opportunities for your child to speak the language with friends, colleagues or family members who are fluent
  - Learn the language yourself and study together!

# Kimberly Zolbolo Passaic County Technical Institute "A Mother's Love

Jokes for Kidsal. What did the plate say to the cop? "Tunch is on me."

### July 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
]	2	3	4	5	6	7
			Independence Day			
8	9	10	]]	12	13	14
15	16	17	18	19	20 Ramadan	21
22	23	24	25	26	27	28
29	30	31				
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Twelve Ways to
Support Education

### Helping Your Child Grasp Geography.

Recent studies show that a surprising number of high school and even college students have a poor understanding of where major cities are located. You can help your child grasp the essentials of world and local geography with a simple map and globe.

- Keep a globe or world map near the TV and point out places talked about
- Put together a puzzle of the United States or the world
- Study an atlas together and find the locations of your child's favorite sports
  tooms
- On a local map, plot all of the places your child goes

   school, relatives' homes, the mall, the zoo, etc.

### Joseph Park



### August 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			]	2	3	4
Friendship Day	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

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JULY 2012							SEP'	TEN	/IBE	R 20	012	
MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT
2	3	4	5	6	7							1
9	10	11	12	13	14	2	3	4	5	6	7	8
16	17	18	19	20	21	9	10	11	12	13	14	15
23	24	25	26	27	28	16	17	18	19	20	21	22
30	31					23	24	25	26	27	28	29
						30						
	MON 2 9 16 23	MON TUE 2 3 9 10 16 17	MON TUE WED 2 3 4 9 10 11 16 17 18 23 24 25	MON TUE WED THU 2 3 4 5 9 10 11 12 16 17 18 19 23 24 25 26	MON TUE WED THU FRI 2 3 4 5 6 9 10 11 12 13 16 17 18 19 20 23 24 25 26 27	MON TUE WED THU FRI SAT 2 3 4 5 6 7 9 10 11 12 13 14 16 17 18 19 20 21 23 24 25 26 27 28	MON TUE WED THU FRI SAT SUN 2 3 4 5 6 7 9 10 11 12 13 14 2 16 17 18 19 20 21 9 23 24 25 26 27 28 16 30 31 FRI SAT SUN FRI SAT	MON TUE WED THU FRI SAT SUN MON 2 3 4 5 6 7 9 10 11 12 13 14 2 3 16 17 18 19 20 21 9 10 23 24 25 26 27 28 16 17 30 31	MON TUE WED THU FRI SAT SUN MON TUE 2 3 4 5 6 7 9 10 11 12 13 14 2 3 4 16 17 18 19 20 21 9 10 11 23 24 25 26 27 28 16 17 18 30 31 FRI SAT SUN MON TUE	MON TUE WED THU FRI SAT SUN MON TUE WED 2 3 4 5 6 7 9 10 11 12 13 14 2 3 4 5 16 17 18 19 20 21 9 10 11 12 23 24 25 26 27 28 16 17 18 19 30 31 FRI SAT SUN MON TUE WED 4 10 11 12 12 13 14 2 3 4 5 16 17 18 19 30 31 5 5 5 6 6 7	MON TUE WED THU FRI SAT SUN MON TUE WED THU 2 3 4 5 6 7 9 10 11 12 13 14 2 3 4 5 6 16 17 18 19 20 21 9 10 11 12 13 23 24 25 26 27 28 16 17 18 19 20 30 31 FRI SAT SUN MON TUE WED THU 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	MON TUE WED THU FRI SAT SUN MON TUE WED THU FRI 2 3 4 5 6 7

Twelve Ways to
Support Education

### Helping Your Child Master Spelling.

Weekly spelling tests are common in younger grades. If your child struggles with spelling, use the following strategies to support his learning and build his confidence.

- Teach your child to visualize words he is learning to spell.
- Invest in a set of plastic magnetic letters. Put the letters of a word on the board, and have your child arrange them correctly.
- Have your child write a short story using all of the spelling words for the
- Play word games with your child such as hangman, Boggle and Scrabble.

## Chasen Shao



## September 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sunday	Workday	Tuesday	Wednesday	musaay	Thacy	Saturday
2	3	4	5	6	7	8
	Labor Day					
9	10	]]	12	13	14	15
Grandparent's Day						
16	17	18	19	20	21	22
Rosh Hashanah Begins						First Day of Autumn
23	24	25	26	27	28	29
		Yom Kippur Begins				
00	NOTES	Tom Kippur Begins		AUGUST 20	12 00	TOBER 2012
30	MO1E9			SUN MON TUE WED THU	J FRI SAT SUN MON	TUE WED THU FRI SAT
				1 2 5 6 7 8 9		2 3 4 5 6 9 10 11 12 13

Twelve Ways to Support Education

### Helping Your Child Appreciate Art.

When you value art, you open a whole new world for your child. Art gives children different ways to see the world and lets them express complex feelings they can't put into words. Help your child connect to art by encouraging its creation and appreciation.

- Keep art supplies on hand, such as blank paper, colored pens, markers, non-toxic paints and clay.
- Display pictures of art at your child's eye level.
- When looking at a piece of art together, don't just say "Isn't that pretty?"
- Encourage your child's appreciation by asking, "How do you feel about this art?"

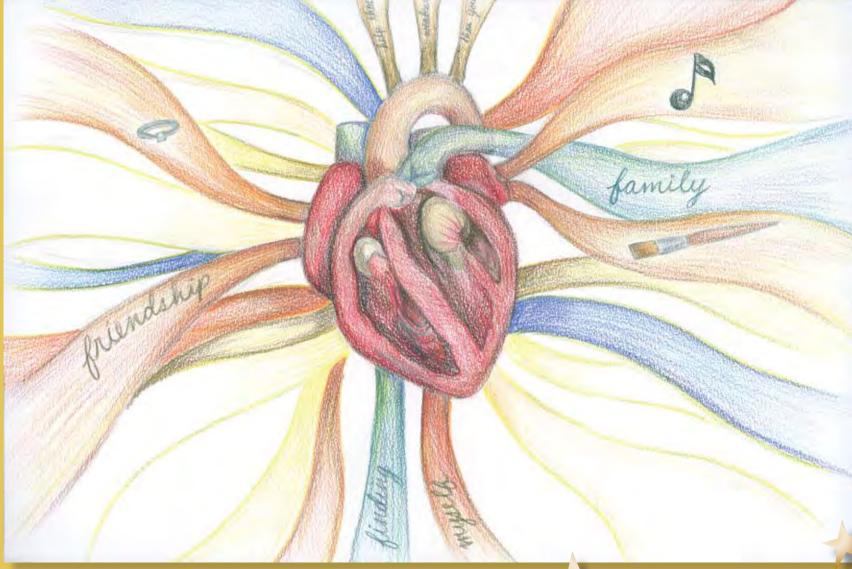
12 13 14 15 16 17 18 14 15 16 17 18 19 20

19 20 21 22 23 24 25 21 22 23 24 25 26 27

26 27 28 29 30 31 28 29 30 31

### Eun Choi

ohn P. Stevens High School





October 2012

Jokes for Kids! Why didn't the skeleton cross the road? He didn't have the auts.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	]	2	3	4	5	6
7	Columbus Day	9	70	77	12	13
74	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Halloween

NOTES

	SEPTEMBER 2012						NOVEMBER 2012						
SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT
						1					1	2	3
2	3	4	5	6	7	8	4	5	6	7	8	9	10
9	10	11	12	13	14	15	11	12	13	14	15	16	17
16	17	18	19	20	21	22	18	19	20	21	22	23	24
23	24	25	26	27	28	29	25	26	27	28	29	30	
30													

Twelve Ways to Support Education

### Helping Your Child Excel at Writing.

Writing well is an essential skill that will allow your child to advance in school, enjoy self-expression, achieve a career and live a self-reliant life. While many children have difficulty with writing, it's easy to encourage your child's inner author.

- Make writing fun! Find your child a pen pal to correspond with, such as a
- Get your child into the habit
   of writing thank-you notes.
- Encourage her to write a daily journal about her experiences, good and bad.
- Write a story together!
   Take turns writing the next paragraph and see what you create.

# Jordan Beneduca



Sunday

Monday



Jokes for Kids!

Why do bicycles fall over? Because they are two-tired!



### 3 8 9 10 4 6 Daylight Savings Time Ends **Election Day** 12 13 15 17 74 16 Veterans Day 19 24 18 22 23 20 Thanksgiving 25 26 27 28 29 30

Wednesday

Thursday

Friday

Saturday

Tuesday

**NOTES** 

DECEMBER 2012 OCTOBER 2012 SUN MON TUE WED THU FRI SAT SUN MON TUE WED THU FRI SAT 1 2 3 4 5 6 7 8 9 10 11 12 13 2 3 4 5 6 7 8 14 15 16 17 18 19 20 9 10 11 12 13 14 15 21 22 23 24 25 26 27 16 17 18 19 20 21 22 23 24 25 26 27 28 29 28 29 30 31 30 31

Twelve Ways to Support Education

### Helping Your Child Succeed in Social Studies.

The goal of social studies is to create responsible citizens. It can cover a range of topics including history, economics, geography and government. Helping your child to succeed in social studies prepares him to be a full participant in the community, the nation and the world.

- Set an example of citizenship by voting and bringing your child to community and civic meetings.
- Encourage your child to take part in school elections.
- Talk to your child about current events and get her viewpoints.
- Engage in a community service project with your child.

## Samantha Rivas

Long Branch Middle School



Jokes for Kids! Where does a snowman keep his money? In a snow bank,

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5	6	7	Hanukkah Begins
9	10	77	12	13	14	15
16	17	18	19	20	27 First Day of Winter	22
23	24	25 Christmas	26 Kwanzaa Begins	27	28	29
30	3 7 New Year's Eve	NOTES		NOVEMBER 2  SUN MON TUE WED THI  1 4 5 6 7 8 11 12 13 14 15 18 19 20 21 22 25 26 27 28 29	U FRI SAT SUN MON 2 3 9 10 6 7 16 16 17 13 14 2 23 24 20 21	NUARY 2013  TUE WED THU FRI SAT  1 2 3 4 5  8 9 10 11 12  15 16 17 18 19  22 23 24 25 26  29 30 31

Twelve Ways to Support Education

### Helping Your Child Enjoy Physical Education.

Keeping your child physically your child gets at least 30

- Get your child involved in
- Put your child in charge of
- Make it fun to be active!
- Encourage healthy eating by