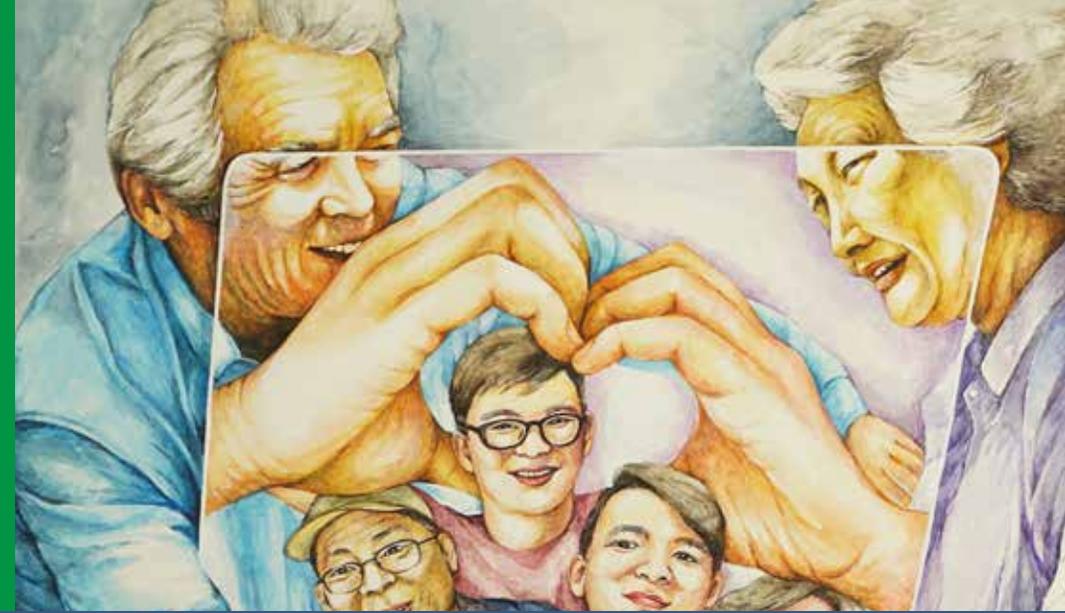


ChildSupport.

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2022

We Survived

Long nights, longer days which led to
Endless weeks and endless months.
Behind windows and under masks
No way to ask
Are you alright?
No one thought they could survive
But we did and many turned 18
Many lost the year 19
Can't you believe
We made it through the years of this disease
Indeed we did!
Through day dreams and indoor live streams
We used machines and worked in teams
And even though we screamed



Together

Ten months since we had been confined,
Bitter was ran through my heart and my mind;
I longed for my friends, my family overseas-
I feared that my thoughts would soon overwhelm me.

One day, ever so despairing and cold,
I averted as I watched the sky fade gold.
Spayed on my bed, feeling so alone,
A deep, hidden wail rattled in my bones.

Taking one look at the hopelessness in my face,
My mother sat down with her familiar, comforting grace.
She stroked me gently-my head on her lap,
And whispered softly, "It's okay, everyone cracks."

Missing their words, those full from my eyes



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Protector.
Teacher.
Monster Checker.
Dad.



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PensiónInfantil.
No se trata sólo de dinero.

Amigo.
Compañero de juego.
Chofer.
Papá.



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The New Jersey Department of Human Services' Office of Child Support Services recognizes the importance of child support to the economic well-being of NJ families. This calendar is one example of how we get information out to mothers and fathers across the state about our child support program and to share our message that "child support is more than just money." It's also about time – and teaching, protecting, playing, mentoring – being there to care, share, celebrate and support.

Call 1-877-NJKIDS1 or visit www.njchildsupport.org.

Hero.
Nurturer.
Boo-boo Fixer.
Dad.



Parents have so many roles.

Each one is important. And each one requires time, patience and love.
Whether you live with your children or not, support them in every way possible.
Remember, child support is more than just money.

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New Jersey Department of Human Services
New Jersey Judiciary

Listener.
Buddy.
Jungle Gym.
Mom.

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Phil Murphy, Governor | Sheila Oliver, Lt. Governor
New Jersey Department of Human Services
Sarah Adelman, Acting Commissioner

2021 NJ Teen Media Honorable Mention Hand-Drawn Art



Olivia McGlinchey
"Strength Unity and Hope"
Paul VI High School



Cassie Wang
"Connection"
West Windsor-Plainsboro High School South



Sahar Chohan
"Together Through Thick and Thin"
Mountain Lakes High School



Angela Vera
"Hope"
Schuyler Colfax Middle School



Cora Grace Kerr
"Ditch the Devices for Dinner"
Academy 1 Middle School



Nada Ramach
"Trading Knowledge"
Christopher Columbus Middle School

2021 Winners

Hand-Drawn/Hand-Painted Art

High School

- 1st Place: Andrew Kim, Montclair Kimberley Academy
2nd Place: Suan Jeong, Bergen County Technical School
3rd Place: Julia Desderio, Cherokee High School

Middle School

- 1st Place: Charvi Yetish, Pond Road Middle School
2nd Place: Erich Nunez Viveros, JP Case Middle School
3rd Place: Hannah Lee, Schuyler Colfax Middle School

Written Word

High School

- 1st Place: Ines Avila-Mota, Cliffside Park High School
2nd Place: Heather Murphy, Morris County School of Technology
3rd Place: Matthew Givone, Morris County School of Technology

Middle School

- 1st Place: Amy Lin, Montgomery Upper Middle School
2nd Place: Stella Gratcofsky, Sandyston-Walpack School
3rd Place: Tian Hu, Academy 1 Middle School

Honorable Mentions

High School

- Cassie Wang, West Windsor-Plainsboro High School South
Olivia McGlinchey, Paul VI High School
Sahar Chohan, Mountain Lakes High School

Middle School

- Angela Vera, Schuyler Colfax Middle School
Cora Grace Kerr, Academy 1 Middle school
Nada Ramach, Christopher Columbus Middle School

See the showcase online at www.NJTeenMedia.org.

About The Teen Media Contest

The theme for the 2021 contest encouraged students to illustrate – through art or the written word – *how you and your loved ones have supported each other through all of the changes that have happened in the previous year, from remote schooling to finding new ways to stay connected to friends and family.*

This annual contest is open to all middle school or high school age students in New Jersey.

For more information about the contest and to sign up for contest updates visit www.NJTeenMedia.org.

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January 2022

Andrew Kim
"Family Has No Boundary"
1st Place Hand-Drawn Art
High School



January 2022

sun	mon	tues	wed	thurs	fri	sat
						1 New Year's Day
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17 Martin Luther King Jr. Day	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

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December 2021

		1	2	3	4	
5	6	7	8	9	10	11
12	13	14	15	16	17	18
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26	27	28	29	30	31	

February 2022

			1	2	3	4	5
6	7	8	9	10	11	12	
13	14	15	16	17	18	19	
20	21	22	23	24	25	26	
27	28						

Notes

We Survived

Long nights, longer days which led to
Endless weeks and endless months.
Behind windows and under masks
No way to ask
Are you alright?
No one thought they could survive
But we did and many turned 18
Many lost the year 19
Can you believe
We made it through the worst of this disease
Indeed we did!
Through day dreams and indoor live streams
We used machines and worked in teams
And even though we screamed
We lived our dreams
We lived our life trough screens
Movies, duties, and a whole lot of moody
With TikTok trends to spend our days
And YouTube recommends
Thanks to my friends
On who I depend.
I can't believe that we survived
Oh god we made it out alive

February 2022

Ines Avila-Mota
"We Survived"
1st Place Written
High School



February 2022

sun	mon	tues	wed	thurs	fri	sat
		1	2 Groundhog Day	3	4	5
6	7	8	9	10	11	12
13	14 Valentine's Day	15	16	17	18	19
20	21 Presidents' Day	22	23	24	25	26
27	28					

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January 2022

							1
2	3	4	5	6	7	8	
9	10	11	12	13	14	15	
16	17	18	19	20	21	22	
23/30	24/31	25	26	27	28	29	

March 2022

		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Notes



March 2022

Suan Jeong
"Beyond the Glass Wall"
2nd Place Hand-Drawn Art
High School



March 2022

sun	mon	tues	wed	thurs	fri	sat
		1	2 Ash Wednesday	3	4	5
6	7	8	9	10	11	12
13 Daylight Saving Time Begins	14	15	16	17 Saint Patrick's Day	18	19
20 First Day of Spring	21	22	23	24	25	26
27	28	29	30	31		

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February 2022

		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28					

April 2022

					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Notes

The Art of Slipping

You have to keep your grades up.

If you don't get into a good college, you'll go nowhere in life.

Anything less than perfect is a failure.

It may be sad, but it is true, these are all very real thoughts that I have had time and time again. It has been ingrained in me for as long as I can remember that school should be my top priority as it will set me up for the rest of my life. I can recount crying in my mother's arms as early as the age of seven because I forgot to bring my vocabulary homework to school, or sobbing hysterically in the face of my father at the age of thirteen because I got less than an 80% on an essay for eighth grade language arts class. I thought these were detrimental mistakes that would impact my future, but now I see so clearly that they meant absolutely nothing.

Quarantine and Covid-19 have flipped everyone's world's upside down, but I think it has given us all a new, necessary perspective on life. I can confidently say that as we begin to come out on the other side, grades are no longer my top priority. Don't get me wrong, they are definitely still incredibly important, but I no longer feel this overarching pressure on my shoulders constantly weighing me down. At this point, it is comical to reflect upon this mindset that was once all consuming to me, and I wonder how I was ever able to function in such a way.

A grade is simply a letter. And that is it. F stands for fruit just as much as A stands for apple. Who is to say it is anything more? Why should a single letter determine a child's worth or measure their intelligence? I whole heartedly believe that amidst this global pandemic every student has demonstrated unmeasurable amounts of strength, determination, and persistence which means so much more than a perfect score on a math test ever will. Of course, none of which would be possible without the constant support from teachers, family, and friends. Whether it be pre-recorded lectures or zoom class discussions, we have all found a way to adapt to this new virtual learning environment. As cheesy as it may seem, I'm all about seeing the bright side of life, and the current climate of the world has truly brought people together in a way that just a year ago I would have never thought possible.

I have learned that grades will slip, and that's okay. Being able to spend an afternoon with family is more important than cramming for a history exam and spending a long-awaited evening with close friends will make you feel better about yourself than a perfect score ever will. Take the time out of the day to really look at what is going on and reevaluate what is most important.

You have to be kind to yourself.

You will end up where you need to be in life.

Everything is going to be okay.

April 2022

Heather Murphy
"The Art of Slipping"
2nd Place Written
High School



April 2022

sun	mon	tues	wed	thurs	fri	sat
					1 April Fools' Day	2 Ramadan Begins
3	4	5	6	7	8	9
10 Palm Sunday	11	12	13	14	15 Tax Day Good Friday Passover Begins	16
17 Easter Sunday	18	19	20	21	22 Earth Day	23
24	25	26	27	28	29	30

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March 2022

	1	2	3	4	5	
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

May 2022

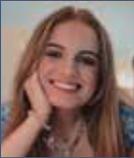
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Notes



May 2022

Julia Desderio
"The Cure"
3rd Place Hand-Drawn Art
High School



May 2022

sun	mon	tues	wed	thurs	fri	sat
1	2	3	4	5 Cinco de Mayo	6	7
8 Mother's Day	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30 Memorial Day	31				

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April 2022

					1	2	
3	4	5	6	7	8	9	
10	11	12	13	14	15	16	
17	18	19	20	21	22	23	
24	25	26	27	28	29	30	

June 2022

				1	2	3	4
5	6	7	8	9	10	11	
12	13	14	15	16	17	18	
19	20	21	22	23	24	25	
26	27	28	29	30			

Notes

Getting Through This

It seems like the past year never happened, I mean it did, but it didn't... So much wasted time. So many missed activities, and opportunities... Although there is one positive? We have gotten to spend more time together. With our families and friends. Supporting each other in brand new ways, I personally got to see my family a lot more, Instead of always being out, I stayed put. Many people had a similar circumstance, we also had to find New ways to connect, everyone had to find new ways to connect. Some looked to social media, and the magic of the internet, to connect with Friends and family. Families more than ever supported each other with Online school. People talked for hours on the phones, reminiscing about The pre-covid era. We all wish for this to be over, and we are getting close, But we have to hang in there and keep the support going. Because at the end of the day, what we do to support each other now, Is our best way of getting through this.

June 2022

Matthew Givone
"Getting Through This"
3rd Place Written
High School



June 2022

sun	mon	tues	wed	thurs	fri	sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14 Flag Day	15	16	17	18
19 Juneteenth Father's Day	20	21 First Day of Summer	22	23	24	25
26	27	28	29	30		

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May 2022

1	2	3	4	5	6	7
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

July 2022

					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Notes



July 2022

Charvi Yetish
"We Are in This Together and Forever"
1st Place Hand-Drawn Art
Middle School



July 2022

sun	mon	tues	wed	thurs	fri	sat
					1	2
3	4 Independence Day	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24 31	25	26	27	28	29	30 Friendship Day

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June 2022

		1	2	3	4	
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12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

August 2022

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7	8	9	10	11	12	13	
14	15	16	17	18	19	20	
21	22	23	24	25	26	27	
28	29	30	31				

Notes

Together

Ten months since we had been confined,
Bitter wars ran through my heart and my mind:
I longed for my friends, my family overseas-
I feared that my thoughts would soon overwhelm me.

One day, ever so despairing and cold,
I shivered as I watched the sky fade gold.
Splayed on my bed, feeling so alone,
A deep, hidden wail rattled in my bones.

Taking one look at the hopelessness in my face,
My mother sat down with her familiar, comforting grace.
She stroked me gently-my head on her lap,
And whispered softly, "It's okay, everyone cracks."

Hearing those words, tears fell from my eyes,
And I relaxed a bit, with a grateful sigh,
For I realized, even if one departs,
We would always be together, in a place we call our hearts.

August 2022

Amy Lin
"Together"
1st Place Written
Middle School



August 2022

sun	mon	tues	wed	thurs	fri	sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

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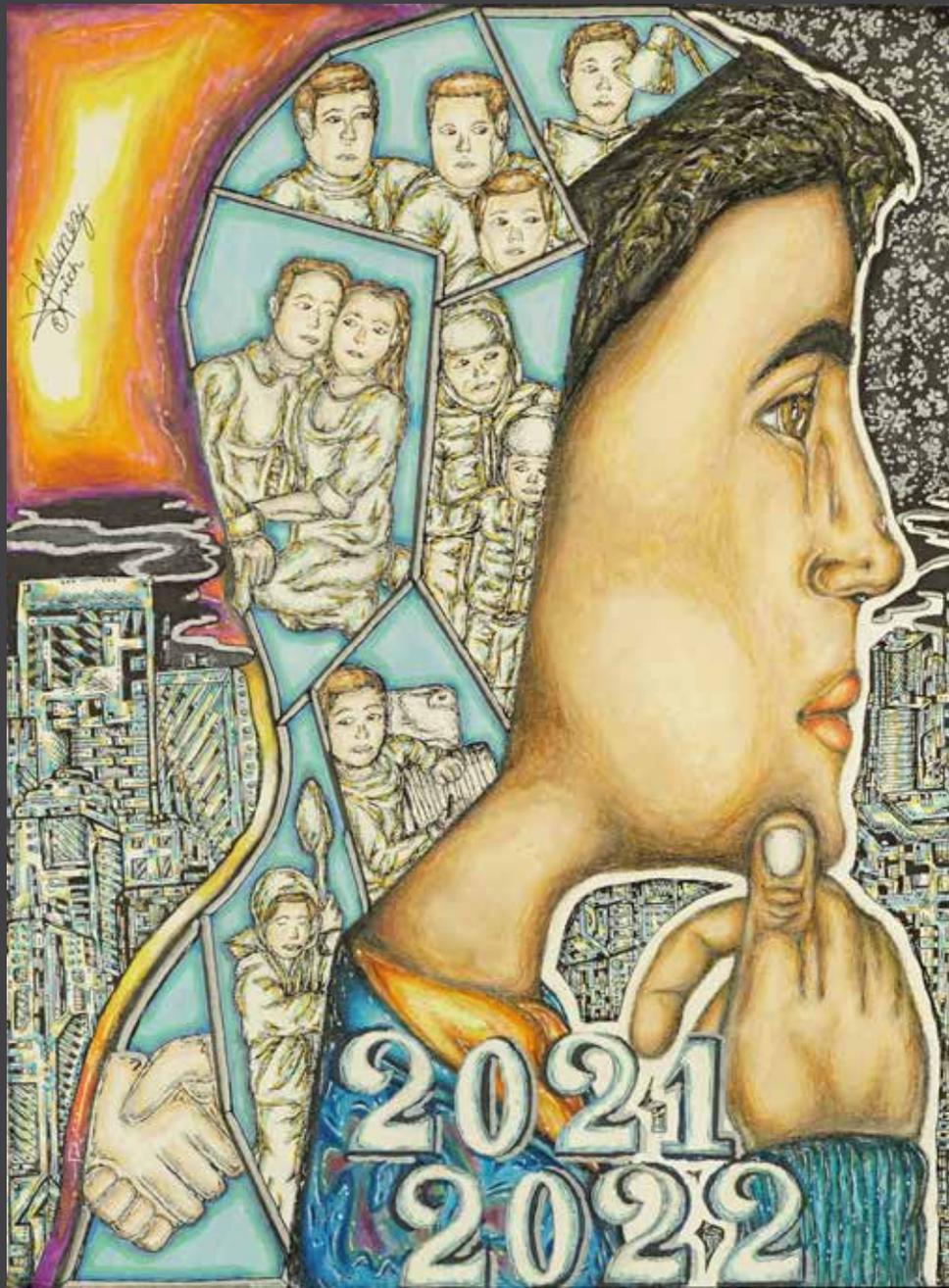
July 2022

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17	18	19	20	21	22	23
24	25	26	27	28	29	30

September 2022

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11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

Notes



September 2022

Erich Nunez Viveros
"Memories of a Lifetime"
2nd Place Hand-Drawn Art
Middle School



September 2022

sun	mon	tues	wed	thurs	fri	sat
				1	2	3
4	5 Labor Day	6	7	8	9	10
11 National Grandparent's Day	12	13	14	15	16	17
18	19	20	21	22 First Day of Fall	23	24
25 Rosh Hashanah Begins	26	27	28	29	30	

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August 2022

	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

October 2022

							1
2	3	4	5	6	7	8	
9	10	11	12	13	14	15	
16	17	18	19	20	21	22	
23	24	25	26	27	28	29	
30	31						

Notes



Masks

Hiding faces because of masks
No smiles because of masks

Muffled voices because of masks
Asking "What?" because of masks

Slow the virus because of masks
People living because of masks

People fighting because of masks
Fire storms because of masks

Mask acne because of masks
Stinging faces because of masks

Mask breath because of masks
Fogging glasses because of masks

Fashion change because of masks
Creative ideas because of masks

Short of breath because of mask
Suffocating because of masks

Headaches because of masks
Dehydrated because of masks

No makeup because of masks
Smearing makeup because of masks

Family there for you
To remind you to put your mask on

October 2022

Stella Gratcofsky
"Masks"
2nd Place Written
Middle School

October 2022

sun	mon	tues	wed	thurs	fri	sat
						1
2	3	4 Yom Kippur Begins	5	6	7	8
9	10 Columbus Day	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	Halloween 31					

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September 2022

		1	2	3		
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

November 2022

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6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

Notes



November 2022

Hannah Lee
"Stargazing"
3rd Place Hand-Drawn Art
Middle School



November 2022

sun	mon	tues	wed	thurs	fri	sat
		1	2	3	4	5
6 Daylight Saving Time Ends	7	8 Election Day	9	10	11 Veterans Day	12
13	14	15	16	17	18	19
20	21	22	23	24 Thanksgiving	25	26
27	28	29	30			

ChildSupport.
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October 2022

							1
2	3	4	5	6	7	8	
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16	17	18	19	20	21	22	
23/30	24/31	25	26	27	28	29	

December 2022

				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Notes

A Year's Change, A Mother's Support

In a year, the world has shifted.
The streets have grown quiet.
Schools, restaurants, shops sit empty, with windows dark and lifeless.
People hurry home with tired gazes above a mask.

Now we work from the seclusion of our homes,
We talk to loved ones through screens,
Find ways to cling to our friendships.
Birthdays, graduations, weddings-
We haven't let them trickle away.
We have found ways.
We have persevered through change.
There come times when I cannot.
When I begin to slip, fall behind, despair.
But I have always had my mother by my side,
Urging me forward, consoling me.
Because of my mother, I continue to strive.

When I lose my motivation to study, to improve,
When I struggle with a new way of learning,
I can trust her to be here to help.
Here to teach, to encourage, to support.
"I'll show you again," she patiently promises,
turning back to the whiteboard-
And I know she'll explain things
As many times as I need.

When I lose focus in a storm of thoughts,
Become distracted by the trivial,
She scolds and reminds, persistent-
Guiding me back to my path.
"You'll thank yourself later," she chides,
And I listen and heed
Because I know she wants me to succeed.

And when I'm caught in the tides of change,
When the worries that surround me steal my hope,
I turn to her for a word of comfort,
For an embrace, a smile, a glimmer of cheer.
She knows what I need to hear,
She brings me a second of assurance,
Just a moment of calm in this shifting world.

I try to mirror her selflessness.
When she's at a low, I try to pick her back up.
I attempt to do what she does for me.
But I know I can never return all her care-
Her firm wisdom,
Her thoughtful words,
Her unwavering faith in me,
Her support.
No, my debt to her is too great to repay.

December 2022

Tian Hu
"A Year's Change, A Mother's Support"
3rd Place Written
Middle School

December 2022

sun	mon	tues	wed	thurs	fri	sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18 Hanukkah Begins	19	20	21 First Day of Winter	22	23	24 Christmas Eve
25 Christmas Day	26 Kwanzaa	27	28	29	30	31 New Year's Eve

ChildSupport.
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November 2022

	1	2	3	4	5	
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

January 2023

	1	2	3	4	5	6	7
8	9	10	11	12	13	14	
15	16	17	18	19	20	21	
22	23	24	25	26	27	28	
29	30	31					

Notes
